


Request for Decision City Council

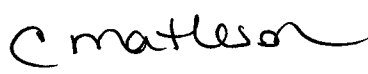



Type of Decision									
Meeting Date	October 11, 2006				Report Date	October 3, 2006			
Decision Requested		Yes	<input checked="" type="checkbox"/>	No	Priority	<input checked="" type="checkbox"/>	High		Low
	Direction Only				Type of Meeting	<input checked="" type="checkbox"/>	Open		Closed

Report Title
Seniors' Campus - Moving Forward

Policy Implication + Budget Impact	
<input type="checkbox"/>	This report and recommendation(s) have been reviewed by the Finance Division and the funding source has been identified.
<u>No budget impact</u>	
<input type="checkbox"/>	Background Attached

Recommendation	
<u>For Information Only</u>	
	
<input type="checkbox"/>	Recommendation Continued

Recommended by the Department Head

Catherine Matheson General Manager Community Development

Recommended by the C.A.O.

Mark Mieto Chief Administrative Officer

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Date: October 3, 2006

Report Prepared By



Kim Rossi
Coordinator of Senior Community Services

Division Review

Randy Hotta
Director of Pioneer Manor and Senior Services

Executive Summary

The demographics in the Greater Sudbury area reflect the need to ensure that systems be in place that will allow seniors in our community access to the best in geriatric services. The vision of the Seniors' Campus has been evolving since the seed was planted in the 1994 Pioneer Manor master plan. The Seniors' Campus was to offer a broad range of health care and professional services that eventually would improve on health indicators within our senior population. There has since been much progress in the development of the Seniors' Campus. The success to date of the Campus is reflected not only in the commitment of this Council but in the valuable partnerships that have been created over the years.

Seniors' Campus Points of Service

- Long Term Care & Advocacy
- Alzheimer Day Centre and Services
- Northeastern Ontario Dementia Assessment and Consultation Service
- Research
- Family Health Team
- Geriatric Wellness Centre

Long Term Care - Pioneer Manor

- \$22 million investment in redevelopment project
- upgrading 2/3 of building to "A" standard beds
- Open House occurred April 2005
- recent renovations to Boreal Lane to bring area up to standards
- Interim Beds = Response to community need
 - October 5, 2005 - "Crisis 1A" declared
 - 62 beds approved by the MoHLTC
 - 50 beds at Pioneer Manor with an additional 10 beds to be implemented this fall.

New Alzheimer Centre

- Construction started in January 2006 - completed mid July 2006
- Open House September 12, 2006
- 10,500 square feet: activity, games and exercise room, quiet room, beauty salon/grooming room, laundry, kitchen, living and dining rooms, counselling room, library, meeting space and offices.
- designed for people with dementia
- Adult day program can accommodate 25 clients daily compared to 10 in previous location



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- \$2.1 million = Construction Cost
- \$1.1 million raised through fundraising
- \$270,000 in kind from the CGS
- Federal and Provincial sources
- Laamanen Construction - \$100,000 services in-kind
- Need for Respite beds (4) whereby Alzheimer clients continue to access day program during respite stay

Northeastern Ontario Dementia Assessment and Consultation (NODAC) Service

- Initiated in 2003 to allow seniors to access the services of a Geriatrician via videoconferencing
- focus was on early identification, diagnosis and service planning of older adults presenting with symptoms of possible dementia
- follow up through link with community support services
- 100 referrals to date
- Videoconferencing studio has been accessed by 1100 patients requiring consultation to the following specialized services ie: movement disorder specialist, Huntington's, chronic pain
- "Studio" is also used by local professionals to access educational sessions ie: Meeting the Challenge Head-On: Innovative Solutions to Dementia Care in Northeastern Ontario

Research

- HEAL program
- Dignity and Mechanical Lifts (in conjunction with Western University)
- Dementia, Depression and Horticulture study
- An evaluation of the relocation experience for residents of Pioneer Manor
- Creating a home-like environment in a dementia unit
- many more opportunities

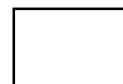
Family Health Team

- Partnership with the Sudbury Regional Hospital and the Northern Ontario School of Medicine
- City of Lakes Family Health Team approved in April 2005
- Spring of 2006 - Business Plan submitted to the Ministry of Health and Long Term Care
- 4 proposed sites: Pioneer Manor, Valley East, Rayside Balfour, Walden

New Initiatives

Geriatric Wellness Centre/Regional Geriatric Program

- Recruiting a geriatrician
- system of health care services that optimises the health, independence and quality of life of seniors with complex health problems
- collaborate with physicians, community health care professionals to meet the needs of the most frail and vulnerable seniors
- Five in the Province of Ontario: Hamilton, Kingston, London, Ottawa & Toronto (all affiliated with a medical school)



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Housing

- Pioneer Manor master plan identified the development of supportive or assistive living housing
- opportunity reflects what is referred to as "continuum of care"
- expand on "customer" base to those who do not need Long Term Care
- "allow to age in place"

Next evolution in Long Term Care

- raise standards by researching opportunities to implement new and exciting initiatives in dementia care, wound care, pain management, rehabilitation among others.

Conclusion

As the Seniors' Campus moves forward it will continue to make a significant contribution to the health and wellbeing of seniors in the City of Greater Sudbury as well as raise the benchmark and promote the campus as being the "hub" in geriatric excellence in Northern Ontario.



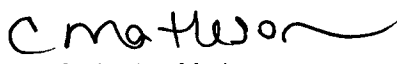
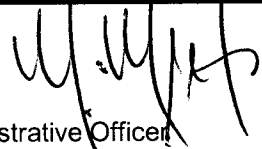
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Report Title
Mayor and Council's Roundtable on Seniors' Issues Term in Review

Budget Impact / Policy Implication	Recommendation
<div style="border: 1px solid black; padding: 5px;"> <input type="checkbox"/> This report has been reviewed by the Finance Division </div> <div style="border: 1px solid black; height: 300px; margin-top: 10px;"> No budget impact </div>	<div style="border: 1px solid black; height: 300px; margin-top: 10px;"> <u>For Information Only</u> </div>
<div style="border: 1px solid black; padding: 5px;"> <input checked="" type="checkbox"/> Background Attached </div>	<div style="border: 1px solid black; padding: 5px;"> <input type="checkbox"/> Recommendation Continued </div>

Recommended by the Department	Recommended by the C.A.O.
<div style="text-align: center;">  Catherine Matheson General Manager, Community Development </div>	<div style="text-align: center;">  Mark Mieto Chief Administrative Officer </div>

Report Prepared By	Division Review
 Kim Rossi Coordinator of Senior Community Services	Randy Hotta Director of Pioneer Manor and Senior Services

Executive Summary

The City of Greater Sudbury has recognized the need to ensure that the continuum of services for seniors living in our "aging" community makes a significant contribution to their quality of life.

For the past three years, the Mayor and Council's Roundtable on Seniors' Issues (MCRSI) has advocated on behalf of seniors in the City of Greater Sudbury. Along with representing seniors in our community, the Seniors' Roundtable has worked in an advisory role to the Mayor and Council.

The activities of the MCRSI were primarily focussed on the findings of the *Action Planning for Sudbury's Golden Opportunity* that were identified by the following categories: Health, Housing and Marketing. Although many of these projects have been successfully accomplished there remains a number of "works in progress" which the MCRSI encourages the next term of Council to review.

Activities and Advocacy Issues

The following lists some of the activities accomplished, as well as advocacy issues that were addressed, by the MCRSI.

- Support to the CGS motion for the need to increase Long Term Care Beds
- Support the Council resolution for the implementation of the "Seniors' only housing"
- Partnership and Launch of the "Seniors' Directory"
- Advocated for the need to have a Rest and Retirement Home By-Law.
Met with Assistant Deputy Minister to the Seniors' Secretariat and Minister Bartolucci to lobby the Province to set provincial regulations.
- Organized and initiated Seniors' Advocacy - Sensitivity Training
- Assisted in coordinating a Safety and Wellness Symposium June 1, 2006
- Provided input into the Transit review
- Support of the Council resolution for the reduced transit fares for adults 55+ and the Miscellaneous user fee for all recreational facilities owned/operated by the CGS allowing a reduced rate for those 55+
- Organized meetings with Seniors' Groups to hear/receive their concerns
- Requested a report into the need for more respite beds

Community Involvement

Partnerships was another significant important contribution to many of the accomplishments of the MCRSI. The success of the June 1st symposium was due to the involvement and commitment of the Greater Sudbury Police Service, many senior service agencies and most of all due to the participation of Seniors. The outcome of this meeting was the current development of a Greater Sudbury Seniors Community Network (GSSCN). The GSSCN will bring together all senior service agencies/providers, unite them with a common vision and mission, allow them to work together to identify gaps in our community, and provide easier access to information on programs and services to seniors and their families.

Conclusion

The MCRSI has been a very active and engaged group during this term of Council. In their meeting with the Assistant Deputy Minister to the Seniors' Secretariat, the MCRSI was recognized as one of the "leaders" in the province when it comes to dealing with seniors' issues. The MCRSI recommends that the needs of seniors continue to be recognized as one of the priorities of the City of Greater Sudbury and that Council continues to excel in addressing issues that deal with seniors.

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Report Title
Healthy Community Cabinet

Budget Impact / Policy Implication		Recommendation	
x	This report has been reviewed by the Finance Division and the funding source has been identified.	<p>Whereas Council for the City of Greater Sudbury has identified a Healthy Community as a strategic priority of Council; and</p> <p>Whereas during the term of this Council, an expert panel and cabinet were appointed to provide advice on strategy and action for the Healthy Community initiative; and</p> <p>Whereas the recommendations of the Healthy Community Cabinet are in line with the Provincial Ministry for Health Promotion, the World Health Organization, and the United Nations priorities; and</p> <p>Whereas the Cabinet's recommended Healthy Community Charter enables connectivity of economic, social and environmental factors to improve human health and community sustainability;</p> <p>Therefore be it resolved that the Healthy Community Charter be approved; and</p>	
x	Background Attached	x	Recommendation Continued

Recommended by the Department
 Catherine Matheson, General Manager Community Development Department

Recommended by the C.A.O.
 Mark Mieto Chief Administrative Officer

Date: October 5, 2006

Report Prepared By	Division Review
<p>Name Title</p>	<p>Name Title</p>

Recommendation continued:

That the Healthy Community Implementation Model for the City of Greater Sudbury be approved; and

That the Charter be presented and promoted to citizens, community leaders and organizations by the Healthy Community Cabinet on behalf of City Council; and

Whereas the United Nations Mobilising for Education for Sustainable Development Initiative offers an opportunity for potential designation of Greater Sudbury as a Regional Centre of Expertise; and

Whereas the Regional Centre of Expertise would recognize the maturity of our community in the area of healthy community development; and

Whereas the Regional Centre of Expertise designation would further advance the informal and formal educational systems contribution towards sustainable development; and

Whereas the Regional Centre of Expertise designation would provide a global system of networking for a healthier community which would ensure the benefit for future generations of Sudburians and those world wide;

Therefore be it resolved that the Healthy Community Cabinet submit a proposal to the United Nations on behalf of the City of Greater Sudbury seeking designation of Greater Sudbury as a Regional Centre of Expertise.

BACKGROUND:

In September 2004, City of Greater Sudbury Council identified four strategic priorities of which the Healthy Community Initiative was one. The Healthy Community Strategy was developed in 2005 and a Healthy Community Cabinet was appointed in 2006 to determine an appropriate course of action through community mobilization.

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APPOINTED MEMBERS OF CABINET

The City of Greater Sudbury was fortunate to have the following key community leaders provide direction on leadership, tactics and priorities through their collective role as a Healthy Community Cabinet to Council. Membership of the Cabinet is as follows :

Peter Armstrong, Past Dean Health Sciences and Emergency Services Cambrian College

Hélène Chayer, directrice de l'éducation, Conseil scolaire catholique du Nouvel-Ontario

Gisele Chretien, President elect Sudbury Regional Hospital

Mayor David Courtemanche

Mark Cutifani, President INCO

Ian Davidson, Chief of Police, Greater Sudbury Police Services

John Filo, Past President, Labour Council

Janet Gasparini, Councillor, City of Greater Sudbury

Debbie Nicholson, Executive Director, Chamber of Commerce

Lynn O'Farrell, Community Leader

Dr. David Pearson, Department of Earth Sciences, Laurentian University

Brad Robinson, President Native Studies, Laurentian University

Bob Rogers, Associate Professor (retired) Laurentian University

Dr. Penny Sutcliffe, Medical Officer of Health, Sudbury and District Health Unit

Wendy Watson, General Manager, Newcap Radio

Dr. Judith Woodsworth, President, Laurentian University

Terms of Reference

The terms of reference for the Healthy Community Cabinet are summarized as follows:

1. Refining priorities of the Healthy Community Strategy
2. Identify opportunities and best practices relevant to the Healthy Community Theme
3. Initiate various community mobilization actions on the Healthy Community concept and projects.
4. Participate in public awareness, educational strategies and public education efforts.
5. Carry out evaluations of the Healthy Community Program.

BROAD VISION - HEALTHY COMMUNITY CABINET

The Healthy Community Cabinet undertook an approach to Healthy Community Action/Mobilization which is both reflective of 20 years of community success and prospective with future generations in mind. The Cabinet clearly determined that a successful Healthy Community Strategy/Action Plan requires a broad vision of both community health and sustainability that recognizes balanced economic, social and environmental factors. The Cabinet's vision is in line with two international initiatives: the World Health Organization's Healthy Community and the United Nations Sustainable Development Towards a Global Learning Space. Both international initiatives sight the importance of balanced economic, social and environmental factors and the engagement of individuals and organizations within communities for collective purpose.

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RECOMMENDED ACTION

Healthy Community Charter

The Cabinet has developed a Healthy Community Charter which is a fundamental statement of belief and identification of recommended action. The charter identifies, recognizes and proclaims certain conditions to be the right of both the individual citizen and collectively as a community. The Charter is an official agreement on what is believed to be right. It is the expectation of the Cabinet that City Council approve the charter, following which the Cabinet will seek further community acceptance and endorsement to strengthen its purpose and mobilization.

The Healthy Community Charter speaks to the following broad visions of health and sustainability:

We, the members of the Healthy Community Cabinet for the City of Greater Sudbury, believe a healthy community is one which embraces a broad vision of health through intentional and balanced economic, environmental and social development. We believe that when the values of the healthy community are shared, we will enhance public health and sustainable development.

The Healthy Community Charter for the City of Greater Sudbury speaks to the following fundamental principals:

We see progress towards a healthier community requiring strong political leadership, broad participation and community engagement. Through concerted effort and action we can improve the quality of our community and individual health through:

- *capacity building for leadership and diversity,*
- *partnerships,*
- *education*
- *advocacy for change*

The Healthy Community Charter speaks to the following statements of action:

We, the members of the Healthy Community Cabinet of the City of Greater Sudbury, recognize our civic responsibility as champions of the community and the importance of taking action, through:

- *mentoring*
- *modeling*
- *education*
- *advocacy*

To ensure that future generations enjoy an enhanced quality of life and have access to the same opportunities and benefits available today, organizations and individuals will contribute to a healthier community by supporting local, provincial, and national initiatives and by working to move Greater Sudbury towards:

- *Active Living/Healthy Lifestyles*

Date: October 5, 2006

- *Natural Environment*
- *Economic Growth*
- *Civic Engagement/Social Capital*

Regional Centre of Expertise (RCE)

The United Nations has undertaken a model of Regional Centres of Expertise for Sustainable Development which aspires to create an informed public that can support enlightened environmental, social and economic policy and legislation, raising the quality of life for all members of society through public awareness and training. The RCE's build linkages and empower people of all ages to assume responsibility for creating a sustainable future. There are many advantages associated with this model. Formal and informal education aimed at transforming communities and individuals to be more mindful of forward thinking/planning and development which will lead to improved health outcomes for individuals and community. As well, the successful designation of a Regional Centre of Expertise links global service centres to promote education for sustainable development generally facilitated by United Nations University.

- **Range of Activities:**
 - Addressing environmental, socio-cultural and economic challenges simultaneously
 - Promoting environmental stewardship, social justice, improved quality of life, life long learning
 - Re-orienting education, public awareness and training

The existing United Nations Regional Centres of Expertise are as follows:

- Barcelona
- Greater Sendai
- Okayama
- Pacific Island Countries
- Penang Island
- Rhine-Meuse+
- Toronto

There are strong synergies between the healthy community model and the regional centres of expertise for sustainable development which are as follows:

- Intertwining Social, Economic, Environmental
- Community Mobilization
- Education, Public Awareness
- Transformative Change
- Advocacy, Lobbying
- Broad Partnerships
- Community Responsibility
- Short and Long Term Planning/Actions

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The Cabinet has identified an opportunity for heightened sustainable development in keeping with its vision for a healthy community. The United Nations designation as a regional centre of expertise would link the Cabinet's vision for community health to a broader system of education and community transformation at the local level using a network of global recognized leaders in sustainable development. Given Council support the Cabinet would seek Regional Centre of Expertise designation for the city of Greater Sudbury under the management/governance model of a Healthy Community.

POTENTIAL RANGE OF PROJECTS

The Cabinet has discussed projects which would be of benefit to the Healthy Community Initiative and has identified some below. The Cabinet has further determined that the community should be consulted on a broad perspective during the City of Greater Sudbury budget input session and engaged in a thorough process of prioritization. The projects below are examples of initiatives that are not intended to be all inclusive but are intended to offer a menu of options and considerations amongst others which the community could prioritize.

Active Living

- School Fit Program
- Minnow Lake Biking Challenge
- Workplace Wellness Standards
- Healthy Vending Machine Options
- Expansion of Bike Lanes and Routes
- Bike Racks on Buses and Bike Parking Initiatives
- Rails to Trails
- Community Basketball Programs
- Obesity Prevention
- Active 2010
- Lighting of Cross Country Trails
- Soccer Field Developments
- Lively Ski Hill
- Skating Ovals
- Pedestrian Charter – Increased Sidewalks
- Community Report Card
- Family Health Teams

Natural Environment

- Parkettes
- Street / Park Lighting Enhancements
- Harmonizing Property Standards – Beautification

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- Promote Conservation / Nature Areas
- Art on Trails – Points of Interest
- Stream, River and Lake Rehabilitation
- Bio-diesel Buses
- Water Tower Beautification
- Lake Front Development – all wards
- Boat Launch Developments
- Renewable Energy Supply

Civic Engagement/Social Capital

- Recreation is a right – improved access for all
- Marketing Healthy Community Concept
- Expansion and Further Development of CANs
- Graffiti Education
- Corporate Social Responsibility
- Bike Exchange Program
- Expanded Youth Centres
- Education Sustainable Development
- Communities in Bloom
- Care Share Program
- Affordable Housing
- COPs Program
- Safe Communities
- Education Bursaries

Economic Growth

- Economic Development Strategy
- Claiming our Stake Strategy
- Entrance Signs City
- Visitor Information Centres
- Revitalized Community Cores
- Harmonizing Property Standards – Beautification Strategy
- Skills Attraction and Retention

BUILDING ON SUCCESS

Working together towards a healthier community is second nature to Sudburians. Over the years there have been hundreds of instances where individuals, institutions, groups and businesses have teamed up with one another and the city to improve the quality of life in the community. To

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appreciate the strength of the Sudbury Healthy Community Philosophy, the City of Greater Sudbury and the Healthy Community Cabinet distributed an insert to homes in July 2006 recognizing a few of the many successes behind our community. To further appreciate the years of work and engagement, an electronic version of documents and activities has been compiled in electronic disc format and made available on the CGS website. The compilation of data, reports and inclusion of the Healthy Community Model into the CGS Official Plan celebrate and further acknowledge the years of commitment and success throughout this community.

NEXT STEPS

The Cabinet appreciates the need to gain community support for the vision of a Healthy Community through broad community engagement for endorsement of the Healthy Community Charter and action plan. A communications/public awareness strategy will be implemented which will contribute to the work of the Healthy Community Cabinet, taking the form of public education, promotion and advocacy. Research will be designed to work with specific targets monitoring progress of individual, collective and community development with the general outcome of improved human and community health and sustainability at the forefront.

Cabinet recommends the newly elected Council reinstate the existing Healthy Community Cabinet to continue its work forward on behalf of City Council. The Cabinet intends to work within a broad system implementation model to unify organizations around a common vision, philosophy and action for human health benefits and sustainable futures. The objectives of the Cabinet will require targets and indicators which will be measured, developed and evaluated over a period of time.

MODEL FOR IMPLEMENTATION

The Cabinet sees its role as advisor to the Mayor and Council, Cross Sectional Staff Team and Implementation Teams on leadership, tactical element, programs and service priorities, research and measurement of critical indicators. The role of the Cabinet is that of community development in the areas of advocacy, mentoring, modelling and education. See attached models for implementation.

Attachments

Healthy Community Charter

We, the members of the Healthy Community Cabinet for the City of Greater Sudbury, believe a healthy community is one which embraces a broad vision of health through intentional and balanced economic, environmental and social development. We believe that when the values of the healthy community are shared, we will enhance overall public health and sustainability.

We embrace the World Health Organization's definition of a Healthy Community as a place which is constantly improving its physical and social environment and, using the resources of the community, enables its citizens to help each other carry out their daily tasks and develop their potential.

We support the United Nations University Regional Centres of Expertise model for sustainable development which seeks to engage people of all ages in the assumption of responsibility for creating a sustainable future through public awareness, education and training.

The **Healthy Community Charter** focuses on four priorities:

Active Living / Healthy Lifestyle;
Natural Environment;
Civic Engagement / Social Capital; and
Economic Growth.

This **Healthy Community Charter** will bring together expertise from government, education, business, planning, parks and recreation, economic development, public health, public safety, emergency services, community groups and individual residents, to create a supportive and caring environment that fosters active living and wellness, now and into the future.

We see progress towards a healthier sustainable community requiring strong political leadership, broad participation and community engagement. Through concerted effort and action, we can improve the quality of our community and individual health through:

- capacity building for leadership and diversity;
- partnerships;
- education; and
- advocacy for change.

We, the members of the Healthy Community Cabinet of the City of Greater Sudbury, recognize our civic responsibility as stewards of the community and the importance of taking action, through:

- mentoring
- modeling
- education
- advocacy

To ensure that future generations enjoy an enhanced quality of life and have access to the same opportunities and benefits available today, organizations and individuals will contribute to a healthier community by supporting local, provincial and national initiatives and by working to move Greater Sudbury towards :

Active Living / Healthy Lifestyle

A community that

- **encourages individuals to take ownership of their health and well being**
- **supports individual and family wellness and safety programs**
- **assigns appropriate resources to build capacity and equitable access for all**

Natural Environment

A community that

- **takes pride in its neighbourhoods**
- **practices, protects, and preserves its natural assets for future generations**
- **regulates and enforces further environmental protection initiatives**

Economic Growth

A community that

- **supports and promotes what it has to offer**
- **fosters local employment, skill development and investment in new business ventures**
- **provides resources to encourage and promote existing and new business opportunities**

Civic Engagement / Social Capital

A community that

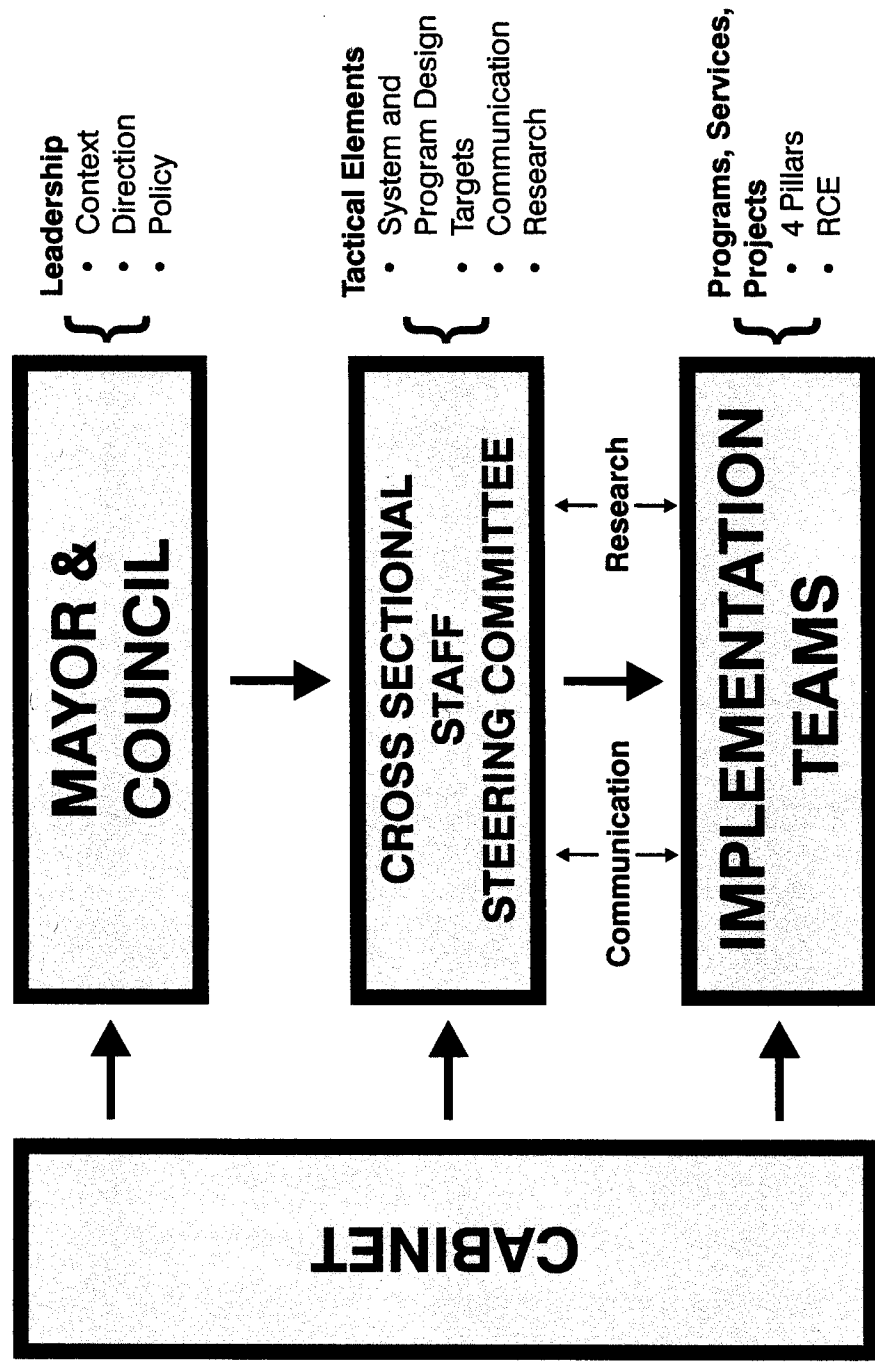
- **celebrates and encourages individual and group contributions**
- **adds economic, environmental and social value through collective and corporate social responsibility**
- **is responsive and open to individual and neighbourhood diversity and supports safe communities**

We encourage all citizens and organizations to do their part in contributing to a Healthier Community.

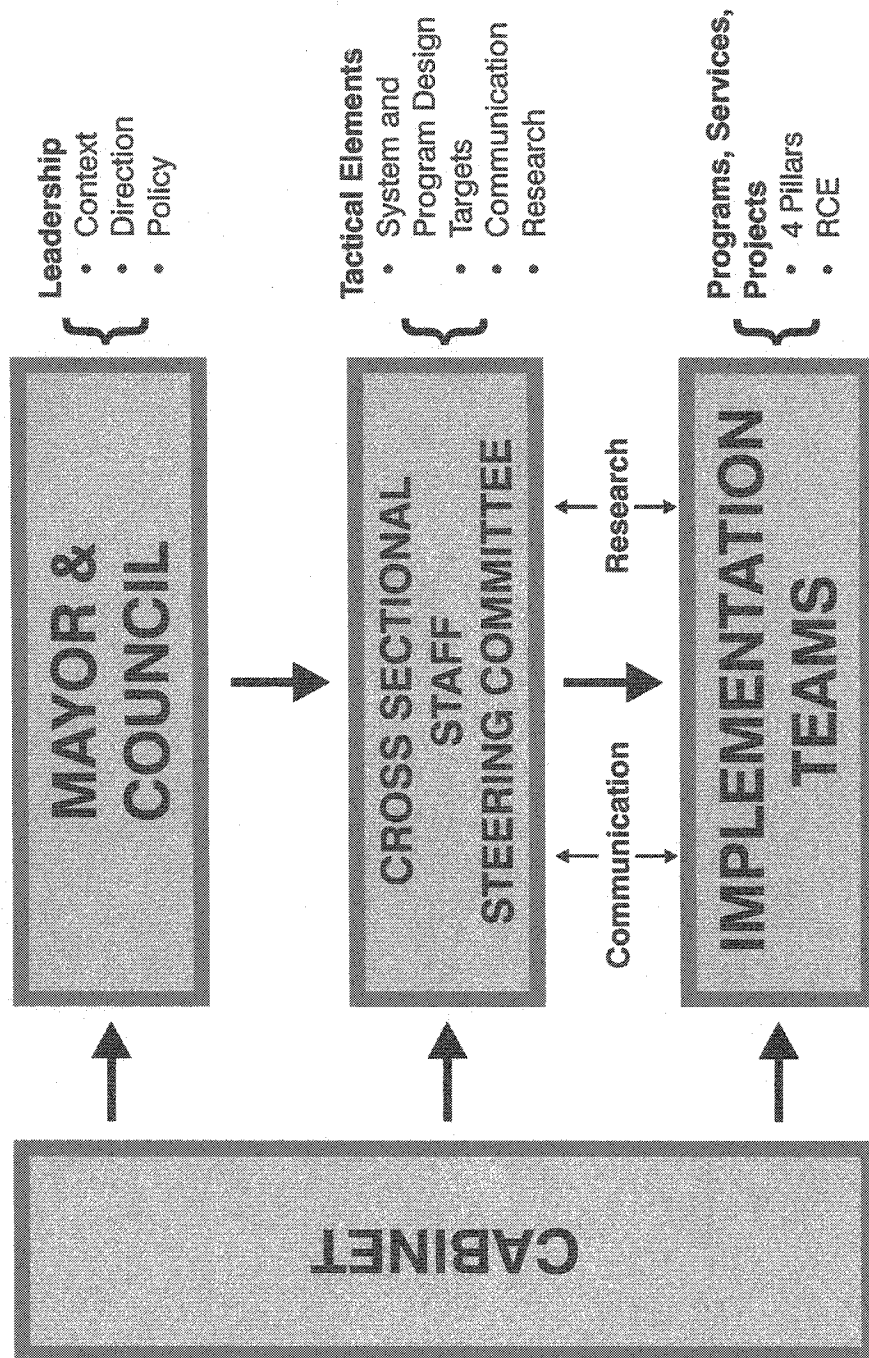
Bob Rogers, Chair
Healthy Community Cabinet

Date

Healthy Community Functional Schematic

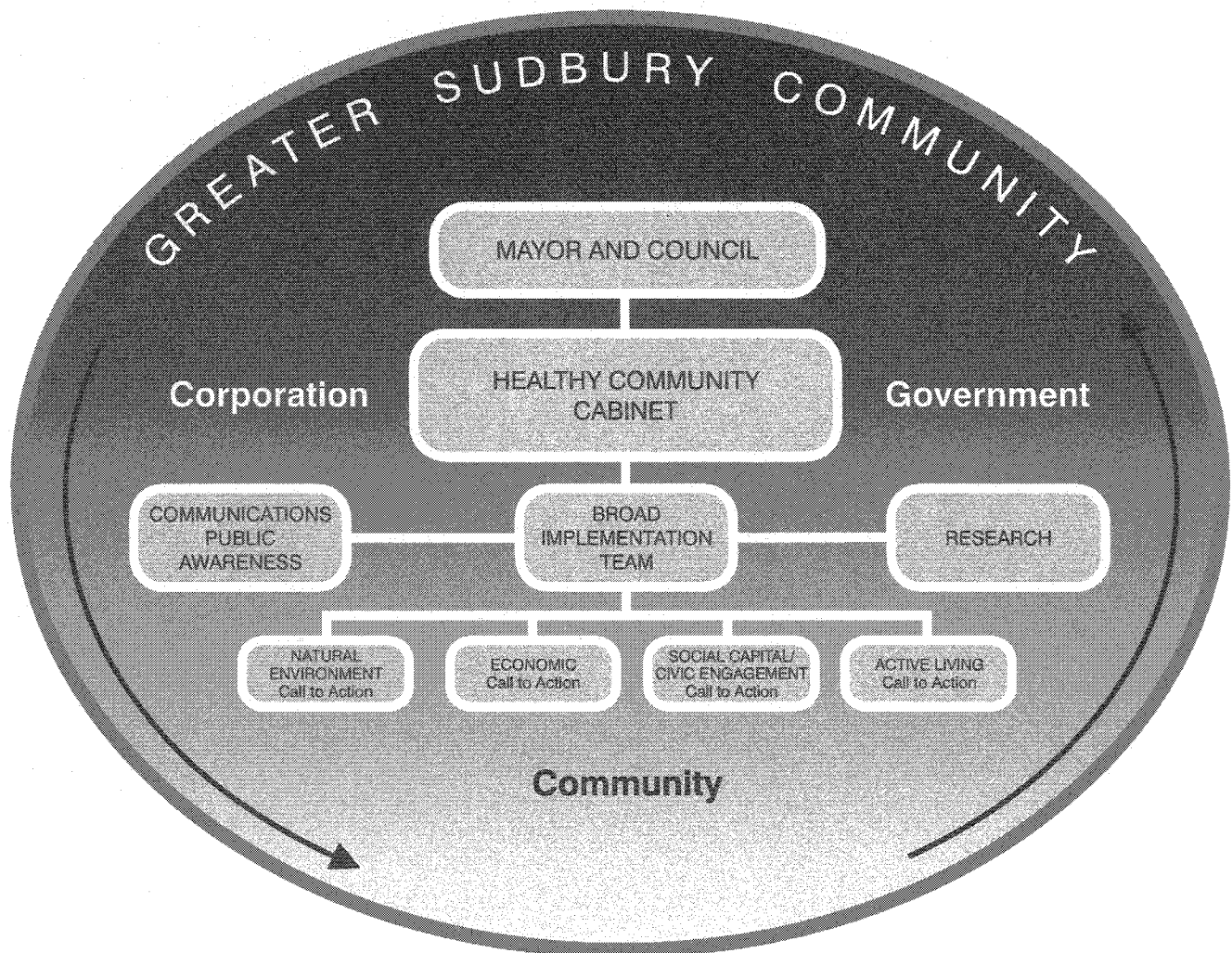


Healthy Community Functional Schematic



Healthy Community Implementation Model

Phase Two
2012 +



Healthy Community Implementation Model

Phase One
2007-2012

